LEDVANCE BIOLUX®
FOCUSING ON PEOPLE WITH HUMAN CENTRIC LIGHTING

FEBRUARY 2020
MORE LIGHT, MORE POWER
DAYLIGHT DETERMINES
OUR QUALITY OF LIFE

Artificial light has revolutionized our lives. We can work anywhere at any time – and of course that has made us more productive. But does it also make us healthier? For a healthy, efficient rhythm of life, we need the natural changes in daylight. Working indoors in poor light makes us tired, depressed and listless.

MODERN LIVING CONDITIONS – POOR LIGHT QUALITY

Offices with little daylight, dark meeting rooms and artificial light until late at night – in our modern society, we are moving further and further away from our natural environment. Daylight is one of the most important sources of energy for our biological rhythm. A lack of daylight can cause serious disruption to our day/night rhythm (our “inner clock”), and massive degradation in our performance and overall well-being.

LACK OF LIGHT, AN UNDERESTIMATED PROBLEM

Source: LightingEurope

We spend on average 90% of our time indoors

<table>
<thead>
<tr>
<th>Condition</th>
<th>Light Level</th>
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<tbody>
<tr>
<td>Sunny day</td>
<td>100,000 lux</td>
</tr>
<tr>
<td>Cloudy day</td>
<td>10,000 lux</td>
</tr>
<tr>
<td>In offices</td>
<td>500 lux</td>
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CIRCADIAN RHYTHM – THE BODY’S 24-HOUR CYCLE

Daylight in the morning stimulates the formation of the mood enhancer serotonin – we are fit and motivated.

Start of the day
Waking phase

Deep sleep
The body is recovering

12 o’clock midnight

12 o’clock midday

Optimum alertness

Optimum coordination

Fastest reaction time

- In the evening without any light stimulus the body produces melatonin (sleep hormone) – we get tired;
- As morning comes our melatonin level drops and the “stress hormone” cortisol programs the body for daytime activity.

If we receive too little light during the day, our melatonin level falls too low. As a result, we do not sleep well at night, and we are sluggish, tired and listless during the day.

Source: LightingEurope
Lighting solutions for modern work environments must be designed to promote creative thinking and high levels of concentration at desks, on computers and in factories. Human centric lighting places the focus on people and their need for natural light. Flexible, healthy and effective.

WHAT CAN HUMAN CENTRIC LIGHTING DO?

With the right light at the right time human centric lighting (HCL) creates a working environment that simulates the changes in natural daylight with its visual, biological and emotional effects. To achieve this, the luminaires are controlled by an intelligent control system with appropriate light profiles.

Through color temperatures and illuminance levels, human centric lighting (HCL) can simulate the course of natural daylight in such a way that it provides positive support for the human circadian rhythm (our “inner clock”). A neutral or cold white light color, for example, can energize in the morning. Warm white light is relaxing and ideal for the evening. HCL supports health, well-being and performance.

HCL HAS A POSITIVE IMPACT – ALSO ON THE PERFORMANCE OF YOUR COMPANY

HCL promotes and supports the most valuable resource you have: your employees. That is reflected in their productivity.

- 2 HOURS
  - Time effectively gained per month

+ 1 YEAR
  - Employee loyalty

- 1 PERCENT
  - Absence/Illness

HCL is based on the natural changes in daylight. This has a positive effect on people.
The BIOLUX® HCL system from LEDVANCE automatically adapts artificial light to changes in daylight thanks to an intelligent, patent-pending algorithm – allowing users to choose the right dynamics for them at any time.

INTELLIGENT AND POWERFUL WITH HCL

The heart of our innovative, biologically effective lighting system is the BIOLUX® HCL control unit. In combination with the BIOLUX® HCL Downlight and BIOLUX® HCL Panel luminaires, it always provides the right light at the right time of day. To adapt the system even more to your individual needs, you can also choose different lighting mood profiles, such as “RELAX” and “BOOST”.

A real highlight – the BIOLUX® HCL control unit is so easy to install and use:
- Wireless communication between the control unit and luminaires
- Easy switching between different lighting moods using an intuitive rotary switch
- Artificial light based on changes in natural light accurate for the day and location – with the best possible biological effect

These five HCL light profiles are available:
- BOOST  Highest concentration for highly detailed and particularly demanding tasks
- FOCUS  Enhanced concentration, e.g. in meetings
- NATURAL Default setting
- CREATIVE Creativity in workshops, e.g. in brainstorming sessions
- RELAX e.g. during breaks in meetings

The BIOLUX® system from LEDVANCE is ideal for single room solutions with up to 20 luminaires¹ such as meeting rooms or offices with little or no daylight.

¹ Higher number of luminaires on request

THROUGH THE DAY WITH HCL

Morning to midday/after lunch: bright, energizing cold white light with a high blue content (e.g. 6,500 K at an illuminance of 450 lux at the eye).

Toward the evening: direct warm white light with low blue content (e.g. 2,700 to 3,000 K) which helps the body relax and prepare for the night.
BIOLUX® – THE SMART ENTRY-LEVEL HCL SYSTEM

INSTALLATION – fast and easy thanks to wireless technology
- No control cables required for luminaires
- The control unit only needs to be connected to the power supply
- The HCL luminaires communicate wirelessly via ZigBee

SETUP – easy via a smartphone app
- Luminaires are registered and added to the system using a smartphone to scan a QR code
- No programming required
- Location and time automatically detected via the app

OPERATION – intuitive via the control unit
- Preprogrammed lighting profiles can be selected via a rotary switch on the control unit
- Lighting profiles adjusted automatically to your location and local time
- No programming

FUNCTION – independent of any light management systems (LMS) or cloud
- Autonomous system
- No complicated integration in an existing LMS
- No data storage, internet connection or cloud functions – privacy is protected
The ideal HCL indoor lighting concept takes into account both the visual and the non-visual effects of light. The aim is therefore not only to ensure good visibility but also to apply the biological properties of light to people. Which planning parameters need to be taken into account? How many luminaires do I need and how should they best be arranged?

**PLANNING EXAMPLE FOR A MEETING ROOM**

Room definition: 5.0 × 4.0 m = 20 m² with little daylight

Lighting requirements: 450 lux at the eye, 900 lux on the work surface

- One panel with 4,000 lm is suitable for 4 – 5 m² (4 – 6 panels for 20 m²)
- A maximum of one downlight is required per meter of wall space (not at the window, door or near computer screens)

The following are required:

- 1 BIOLUX® HCL Control Unit
- 3 – 6 BIOLUX® HCL Downlights (depending on the room layout) to illuminate the walls
- 6 BIOLUX® HCL Panels for large-area illumination from above

**POSITIVE EFFECTS THROUGH INDIVIDUAL HCL CONCEPT**

**Short-term positive effects**

- After only a short time, HCL lighting has a positive effect on brain functions – performance and concentration levels are boosted

**Long-term positive effects**

- Supporting the circadian rhythm promotes well-being, performance and health
- Daylight simulation supports the sleep-wake cycle and therefore contributes to improved sleep, more rest and greater vitality
- Concentration and performance increase noticeably

THE BIOLUX® RANGE

BIOLUX® HCL CONTROL UNIT
- Easy installation in standard flush-mounted boxes
- Automated startup and setup via the BIOLUX® HCL app
- Location and time are automatically detected
- No programming required
- Wireless communication between the control unit and the luminaires thanks to smart technology
- Intuitive control of up to 20 BIOLUX® HCL luminaires
- Easy selection of suitable lighting scenes for different work situations

NEW BIOLUX® HCL Control Unit ZB 4058075

Article name | Product number (EAN) | W | Im | m/ W | Δ | K | L × W [mm]
--- | --- | --- | --- | --- | --- | --- | ---
NEW BIOLUX® HCL PL 625 ZB 43W | 405807364561 | 43 | 4000 | 95 | 80 | 2700 – 6500 | 625 × 625
NEW BIOLUX® HCL PL 600 ZB 43W | 405807364547 | 43 | 4000 | 95 | 80 | 2700 – 6500 | 600 × 600

BIOLUX® HCL PANEL
- Individual HCL lighting solutions in conjunction with the BIOLUX® HCL control unit
- Biologically optimized lighting by adapting the artificial light to the changes in natural daylight
- Can support concentrated work
- Good anti-glare properties (UGR < 19)
- High color rendering index (Ra > 90)
- Ready for connection to the BIOLUX® HCL control unit
- Wireless communication between the control unit and luminaires via ZigBee protocol

NEW BIOLUX® HCL PANEL | Product number (EAN) | W | Im | m/ W | Δ | K | L × W [mm]
--- | --- | --- | --- | --- | --- | --- | ---
NEW BIOLUX® HCL PL 800 ZB 43W | 405807364552 | 43 | 4000 | 95 | 80 | 2700 – 6500 | 800 × 800

BIOLUX® HCL DOWNLIGHT
- Individual HCL lighting solutions in conjunction with the BIOLUX® HCL control unit
- Biologically optimized lighting by adapting the artificial light to the changes in natural daylight
- Can support concentrated work
- Good anti-glare properties (UGR < 19)
- High color rendering index (Ra > 90)
- Ready for connection to the BIOLUX® HCL control unit
- Wireless communication between the control unit and luminaires via ZigBee protocol

NEW BIOLUX® HCL DL DN150 ZB 20W TW | 4058077400773 | 20 | 1800 | 90 | 60 | 2700 – 6500 | 175.4 × 89.9

1 Higher number of lights on request | 2 For precise terms and conditions go to www.ledvance.com/guarantee

BIOLEX® HCL APP
Simply download the BIOLEX® HCL app to configure your luminaires with the control unit. Available for Apple or Android.
ABOUT LEDVANCE

With offices in more than 50 countries and business activities in more than 140 countries, LEDVANCE is one of the world’s leading general lighting providers for professional users and end consumers. Having emerged from the general lighting business of OSRAM GmbH, LEDVANCE offers a wide-ranging assortment of LED luminaires for a broad spectrum of application areas, intelligent lighting products for Smart Homes and Buildings, one of the largest LED lamps portfolios in the industry as well as traditional light sources.